

Link Lesson: February 24, 2020

I. Active Teambuilding Activity

II. Circle up Sticky Note Activity

Students will write sticky note compliments to students, and these compliments will circulate throughout the room.

1. Pass out six sticky notes per student
2. Introduce the activity, and then get it started by writing four compliments on sticky notes for four different students
3. Then, ask those four students to each write two sticky compliments and pass them on, with at least one going to someone they don't know all that well.

This starts a chain reaction throughout the class. Keep going until everyone is out of sticky notes. Note: it takes a while before all students have sticky-notes, so have them do homework when they are not getting/passing sticky notes.

III. Circle Discussion

Use the rest of the time to have a circle discussion with different rounds centering around the theme of kindness. Allow Link Leaders flexibility to discuss what freshman need.