


College Fit and Match

DHS Post Secondary Center

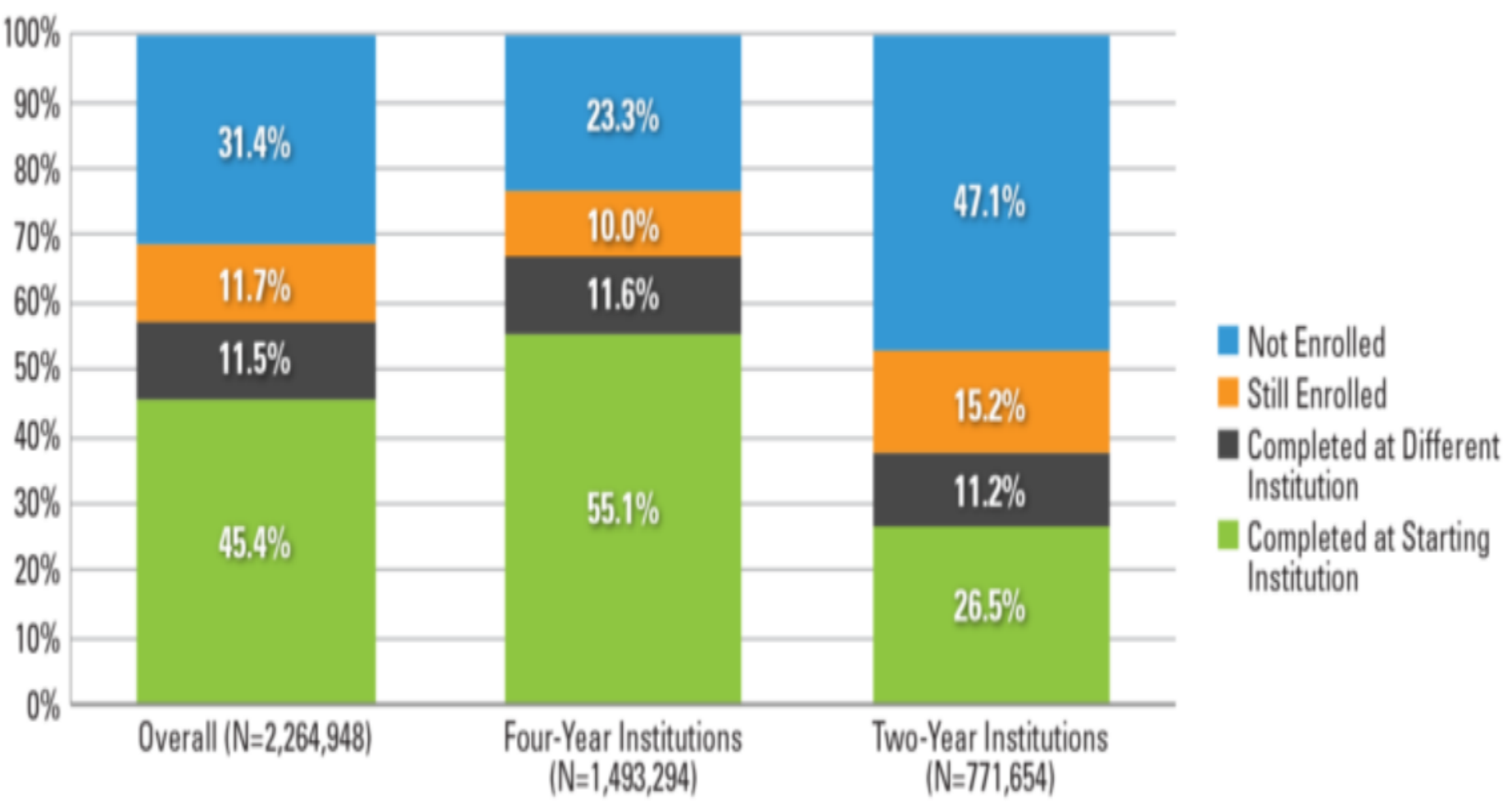




Nationally, what is the percentage of college students who receive their degree within six years?

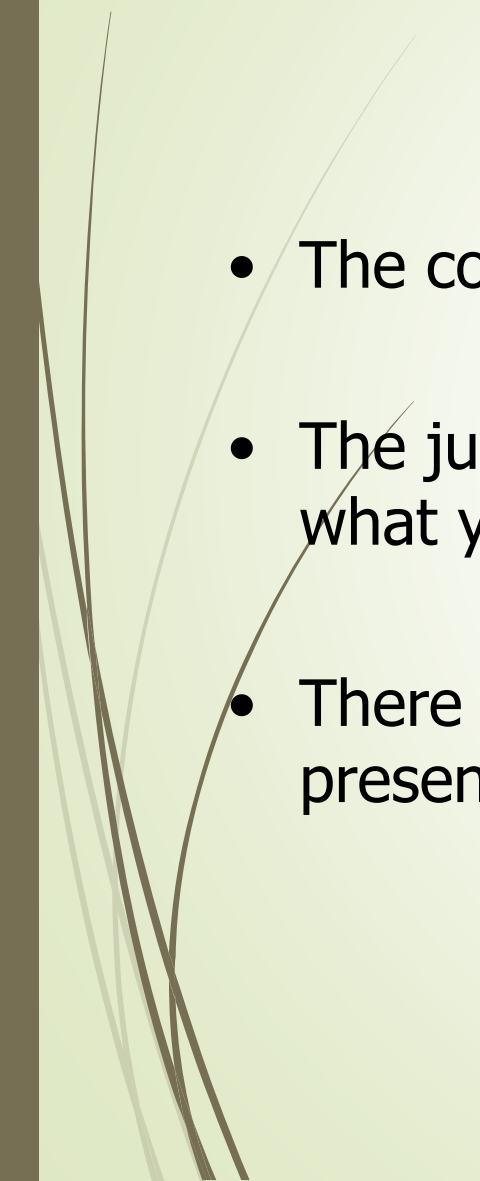


59%





Why Are We Here?

- The college process begins **now**
 - The junior year is the last chance to show colleges what you can do
 - There is still time to improve the “package” you present to colleges next year
- 



There is a college for everyone!

- Over 1,600 colleges that admit just about anyone with a high school diploma
- San Juan College, PCC
- Transfer options



Advice from Top Schools

**“We are looking for students to display a
healthy ambition
through their high school
years.”**

-- Duke University



Advice from Top Schools

- **“When the admissions committee looks at your transcript, it will not focus on whether you have taken any specific course. It will be far more interested to see that you have challenged yourself with difficult coursework, and have done well.”**

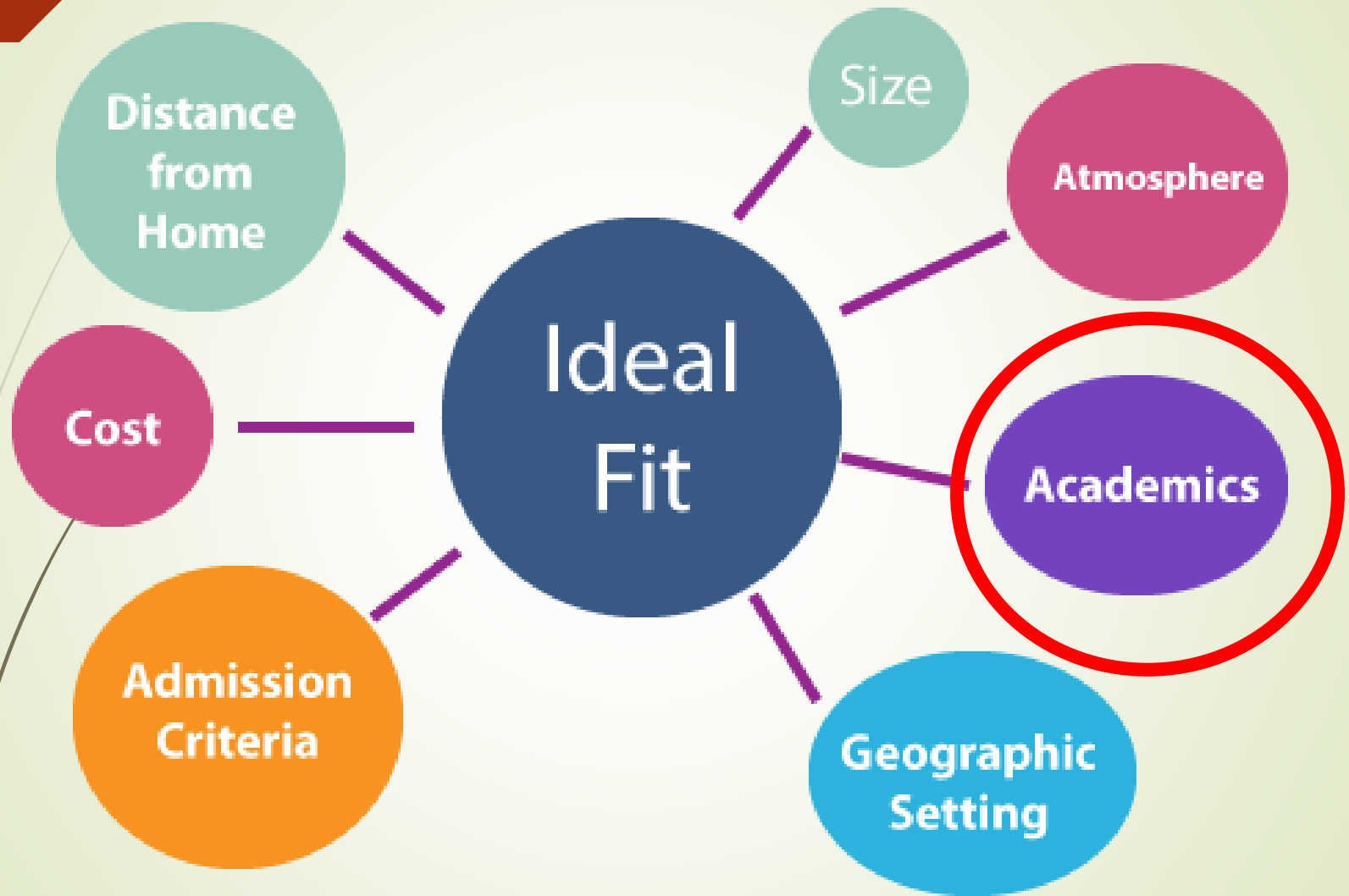
-- Yale University



Making the Match

“College admission is a match to be made, not a prize to be won.”

The right college is where a student can be **successful** and **happy** (where you can do well and be well).





Academics: What is the First Step?

Know Yourself

- Values
- Ambitions
- Achievements
- Academic strengths
- Interests
- Your standout talents

Naviance.com



(



Academics: What Will You Study?

- Do you have a career in mind?
- Are there specific majors that interest you?
- Is there depth and diversity within the academic programs?
- Can you change your major if you change your mind?
- Remember: College is a place to learn, explore and grow as a scholar and as an individual.

MEET YOUR MAJOR

EARTH ENTHUSIAST

- Environmental Science
- Marine Biology
- Natural Resources and Conservation
- Ecology
- Wildlife Biology
- Agriculture
- Animal Science
- Bioenvironmental Engineering
- Environmental and Business Economics

THE ANALYTICAL MIND

- Anthropology
- Philosophy
- Sociology
- Psychology
- Media Studies
- Women and Gender Studies
- Foreign Language
- History
- English
- Classical Humanities
- Education

HEALTH & FITNESS EXPERT

- Nutrition
- Public Health
- Biology
- Exercise Science
- Psychology
- Genetics
- Holistic Psychology
- Anatomy
- Physical Therapy
- Sports Nutrition
- Nursing

CREATIVE COOKIE

- Engineering
- Visual Arts
- Theatre
- Dance
- Music
- Film
- Computer Science
- Journalism
- Communications
- Marketing
- Foreign Language
- Creative Writing
- Landscape Architecture

BUSINESS GURU

- Entrepreneurship
- Marketing
- Finance
- Management
- Supply Chain Management
- Accounting
- Business
- Information Technology
- Environmental and Business Economics
- Agribusiness
- International Business

POLICY PERSON

- Philosophy
- Political Science
- Environmental Policy
- Environmental Planning and Design
- Urban Planning
- Human Resources Management
- Labor Studies & Employment Relations
- Public Administration
- Criminal Justice
- Education Policy Analysis
- Public Policy Analysis



Academics: Consider Departments

Best Math programs (according to US News and World Report)

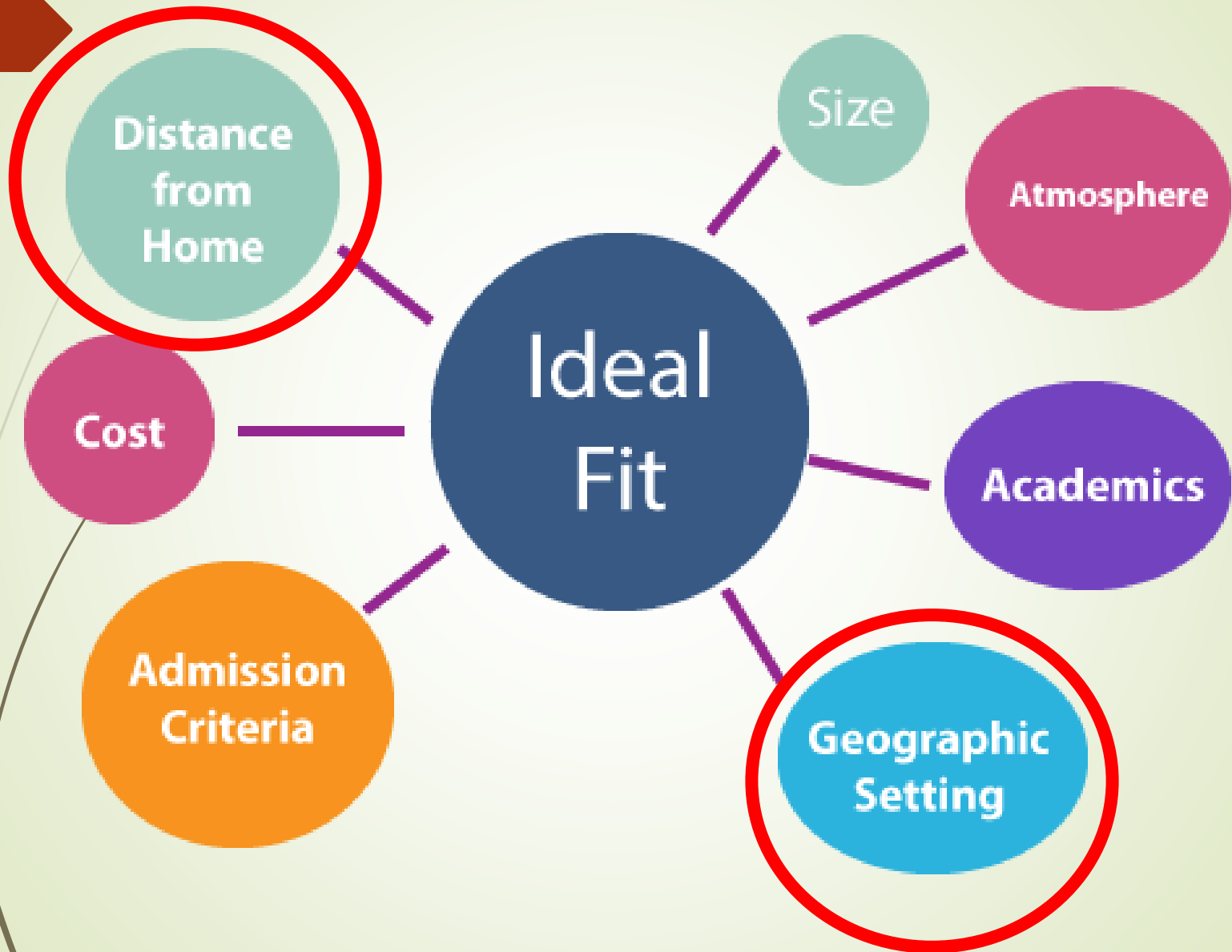
1) Princeton

2) MIT, Harvard, Stanford
and UC Berkeley (22nd overall)



Academics: The Faculty

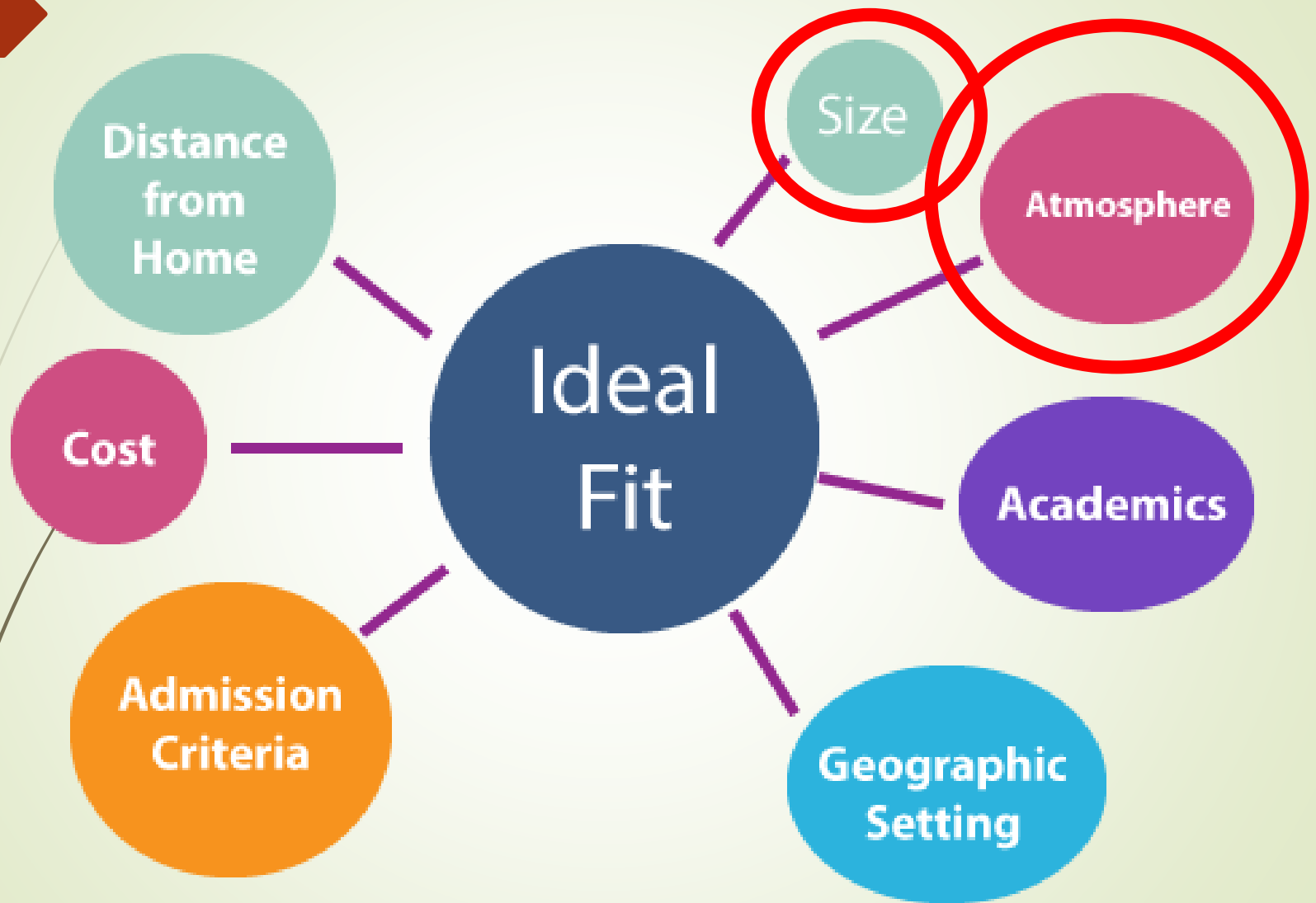
- Who teaches undergraduates?
- Do professors hold regular office hours?
- Which is the driving force – teaching or research?
- Will your instructors know your name?
- **Faculty: student ratios** appear in all college and university publications and on their websites.





Location

- How close to home do I want to be? Close enough for meals and laundry, to visit on weekends, or to only come home on breaks?
- Do I want to stick to a setting I'm used to or try something new?
- Am I staying close because I think it will be less expensive? Sometimes out-of-state schools are more affordable.





Atmosphere: Campus Setting

- Do I see myself at a college with lots of students or in a smaller community?
- Do I want to be at a college where students stay on campus most of the time? Do I want to live in a dorm?
- Do I want to be around lots of different kinds of people or people with interests similar to mine?
- Do I want to be at a school where sports are a big deal? Or one that's known for its activism? Or for its hard-working students?
- Big city, small town, rural?



Students Study the Most

We rank the most studious colleges based on student ratings of how many hours they spend studying outside of class each day. [Learn more.](#)

es

Showing 1 - 20 of 20 results

#1

Williams College

Williamstown, MA • 2,061 Enrolled

Save School

#2

California Institute of Technology

Pasadena, CA • 961 Enrolled

Save School

#3

Harvey Mudd College

Claremont, CA • 844 Enrolled

Save School

#4



Featured

Reed College

Portland, OR • 1,447 Enrolled

Request Info

Save School

#5

Webb Institute

Glen Cove, NY • 98 Enrolled

Save School

#6

Franklin W. Olin College of Engineering

Needham, MA • 380 Enrolled

Save School

#7



Featured

St. John's College (NM)

Request Info

Save School



Students Study the Least

Based on how many hours students say they spend studying outside of class each day.
[Learn more.](#)

Showing 1 - 20 of 20 results

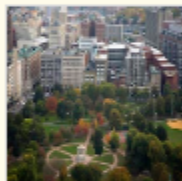
#1

Indiana University of Pennsylvania

Indiana, PA • 10,143 Enrolled

Save School

#2



Featured

Emerson College

Boston, MA • 3,813 Enrolled

Save School

#3

West Virginia University

Morgantown, WV • 22,504 Enrolled

Save School

#4



Featured

Monmouth University (NJ)

West Long Branch, NJ • 4,706 Enrolled

Save School

#5



Featured

Becker College

Worcester, MA • 1,882 Enrolled

Save School



Best Quality of Life

Showing 1 - 20 of 20 results

#1

Emory University

Atlanta, GA • 6,937 Enrolled

Save School

#2

Rice University

Houston, TX • 1,934 Enrolled

Save School

#3



Featured

Vanderbilt University

Nashville, TN • 6,885 Enrolled

Request Info

Save School

#4

Kansas State University

Manhattan, KS • 18,488 Enrolled

Save School

#5

Tulane University

New Orleans, LA • 6,571 Enrolled

Save School

#6

Bowdoin College

Brunswick, ME • 1,816 Enrolled

Save School



Happiest Students

Our happiest college students list is based on real student ratings. [Learn more.](#)

Showing 1 - 20 of 20 results

#1

College of William and Mary

Williamsburg, VA • 6,285 Enrolled

Save School

#2

University of Oklahoma

Norman, OK • 22,819 Enrolled

Save School

#3



Featured

Vanderbilt University

Nashville, TN • 6,885 Enrolled

Request Info

Save School

#4

Tulane University

New Orleans, LA • 6,571 Enrolled

Save School

#5

Rice University

Houston, TX • 1,934 Enrolled

Save School

#6



Featured

Saint Anselm College

Save School



Least Happy Students

Based on how strongly students disagree with the statement, "I am happy at my school."
[Learn more.](#)

Showing 1 - 20 of 20 results

#1

Xavier University of Louisiana

New Orleans, LA • 2,293 Enrolled

Save School

#2

Simmons College

Boston, MA • 1,763 Enrolled

Save School

#3

United States Naval Academy

Annapolis, MD • 4,495 Enrolled

Save School

#4



Featured

The University of Texas at Dallas

Richardson, TX • 18,388 Enrolled

Save School

#5

University of Hawaii-Manoa

Honolulu, HI • 12,881 Enrolled

Save School

#6

Sonoma State University

Rohnert Park, CA • 8,551 Enrolled

Save School



Most Conservative Students

Showing 1 - 20 of 20 results

#1



Featured

Grove City College

Grove City, PA • 2,373 Enrolled

Request Info

Save School

#2

College of the Ozarks

Point Lookout, MO • 1,508 Enrolled

Save School

#3



Featured

Hillsdale College

Hillsdale, MI • 1,512 Enrolled

Save School

#4

University of Dallas

Irving, TX • 1,460 Enrolled

Save School

#5

Hampden-Sydney College

Hampden-Sydney, VA • 1,046 Enrolled

Save School



Most Liberal Students

Showing 1 - 20 of 20 results

#1

Bryn Mawr College

Bryn Mawr, PA • 1,334 Enrolled

Save School

#2

Bennington College

Bennington, VT • 775 Enrolled

Save School

#3



Featured

Reed College

Portland, OR • 1,447 Enrolled

Request Info

Save School

#4



Featured

Earlham College

Richmond, IN • 1,060 Enrolled

Request Info

Save School

#5

Sarah Lawrence College

Bronxville, NY • 1,399 Enrolled

Save School



Tree-Hugging Vegetarians

Based on real student ratings. [Learn more.](#)

Showing 1 - 20 of 20 results

#1

Bennington College

Bennington, VT • 775 Enrolled

Save School

#2

Pitzer College

Claremont, CA • 1,112 Enrolled

Save School

#3

Sarah Lawrence College

Bronxville, NY • 1,399 Enrolled

Save School

#4



Featured

Reed College

Portland, OR • 1,447 Enrolled

Request Info

Save School

#5

Bard College

Annandale-on-Hudson, NY • 1,930 Enrolled

Save School

#6

Whitman College

Walla Walla, WA • 1,510 Enrolled

Save School

Atmosphere: Quality of Life

COLORADO STATE UNIVERSITY

1062 CAMPUS DELIVERY, FORT COLLINS, CO 80523-1062 • ADM

CAMPUS LIFE

Quality of Life Rating	93
Fire Safety Rating	77
Green Rating	99
Type of school	Public
Affiliation	No Affiliation
Environment	City

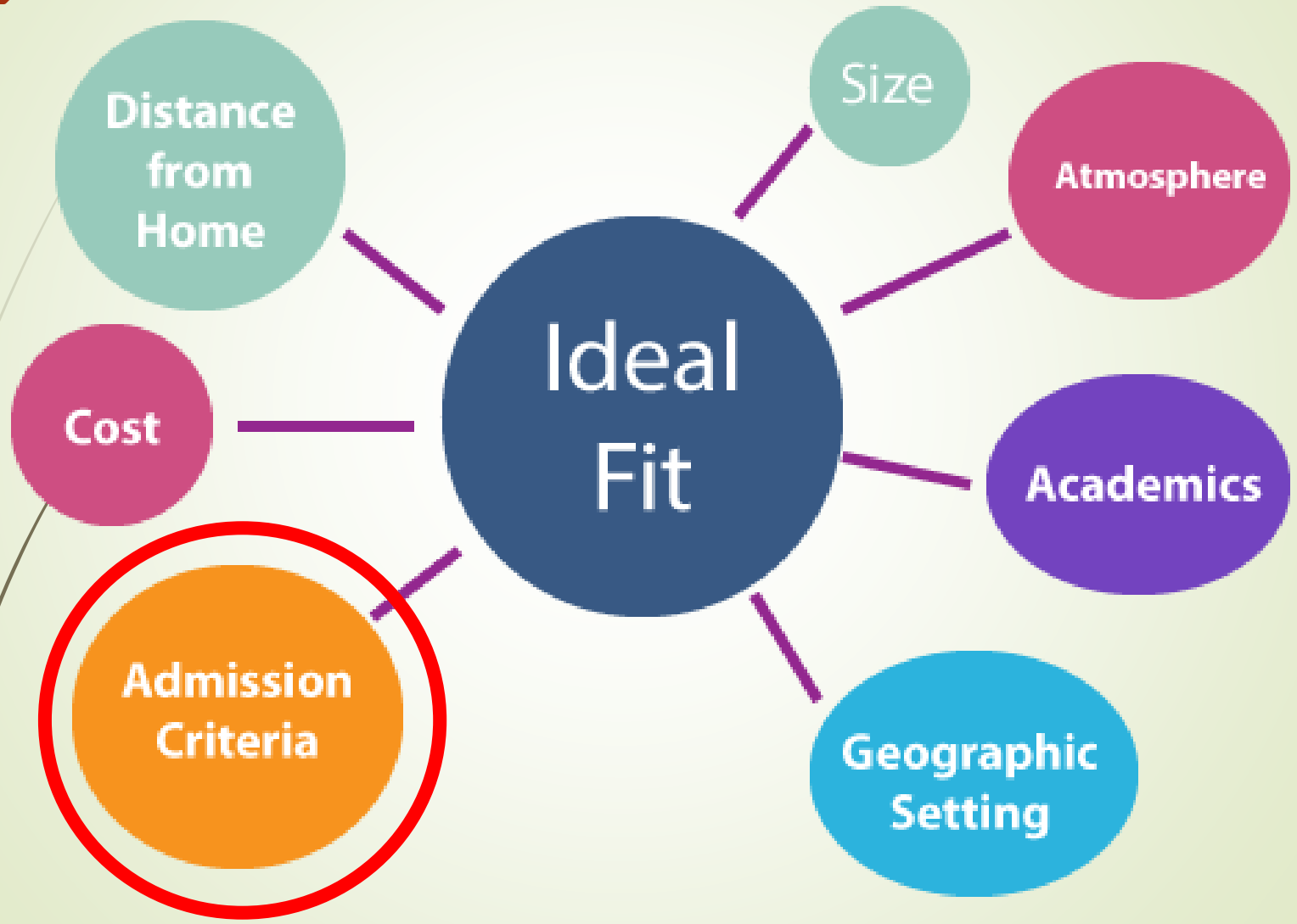
STUDENTS

Total undergrad enrollment	22,565
% male/female	49/51
% from out of state	19
% frosh live on campus	97

STUDENTS SAY "...

Academics

Colorado State U
academic resource
its size, there is "o
tion, and "the inst
while they are st
"hidden gem" off
culture," along w
and myriad res
becoming active r
sustainability pla



Distance from Home

Cost

Admission Criteria

Size

Atmosphere

Academics

Geographic Setting

Ideal Fit



Admission Criteria: Very Important

- **GPA**

- **SAT or ACT score**

How Does Your Transcript Look?



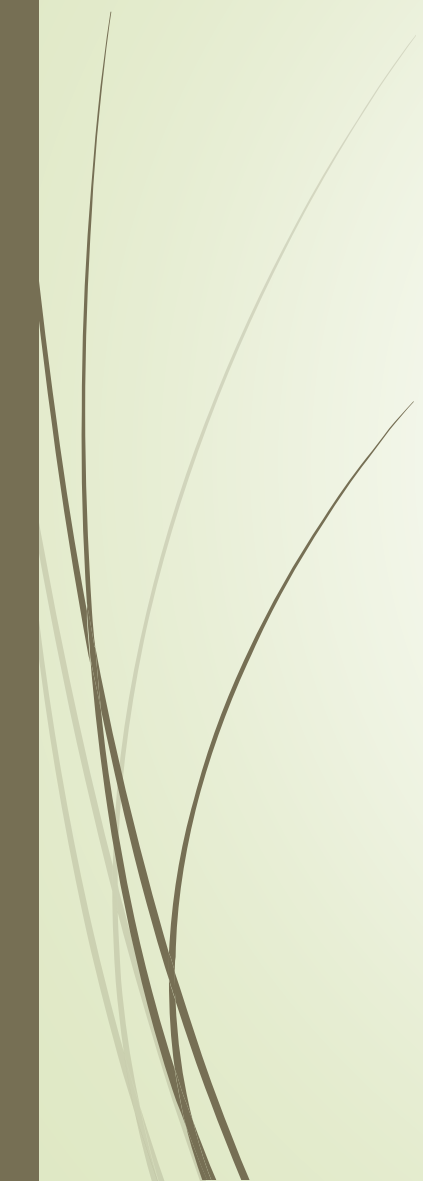


Admission Criteria: GPA

- Having all great grades is best, but colleges also appreciate a steady improvement.
- Colleges look beyond grades to the courses taken and hope to see that a student has sought a challenging course load



Admission Criteria: SAT

- SAT and ACT are the great equalizers
 - Superscoring
 - SAT vs. ACT
 - Collegeboard.com for college norms
- 



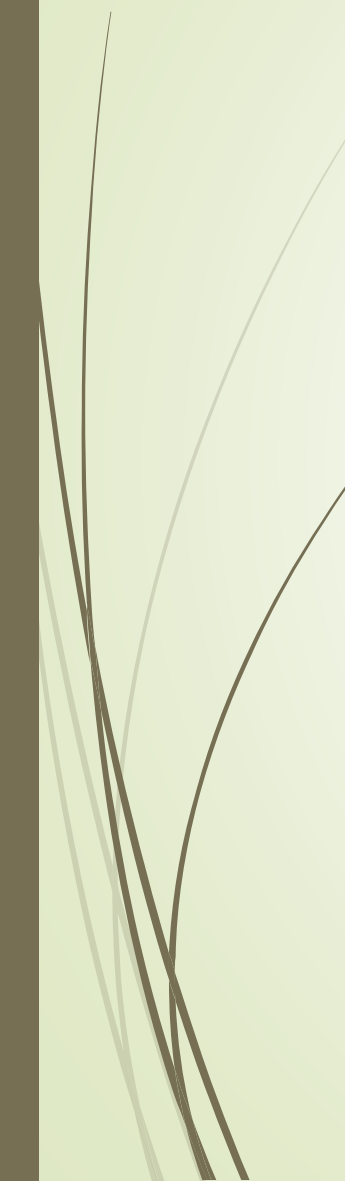
Admission Criteria: SAT


Prepare for the ACT/SAT.

1. Be systematic.
2. Set aside a specific time a few days each week
3. Get a book or computer program to help you study
4. Consider a private tutor or a prep course
5. Be aware of testing dates and deadlines so you can register for your tests on time



SAT Test Date	Registration Deadline
August 25, 2018	July 27, 2018
October 6, 2018	September 7, 2018
November 3, 2018	October 5, 2018
December 1, 2018	November 2, 2018
March 9, 2019	February 8, 2019
May 4, 2019	April 5, 2019
June 1, 2019	May 3, 2019





Admission Criteria: Teacher Recommendations

- One or two teacher recommendations.
 - Select teachers from either the 11th or 12th grade who know you well
- Recommendation from a coach, activity sponsor, clergy, etc.
- A counselor recommendation will also be completed.



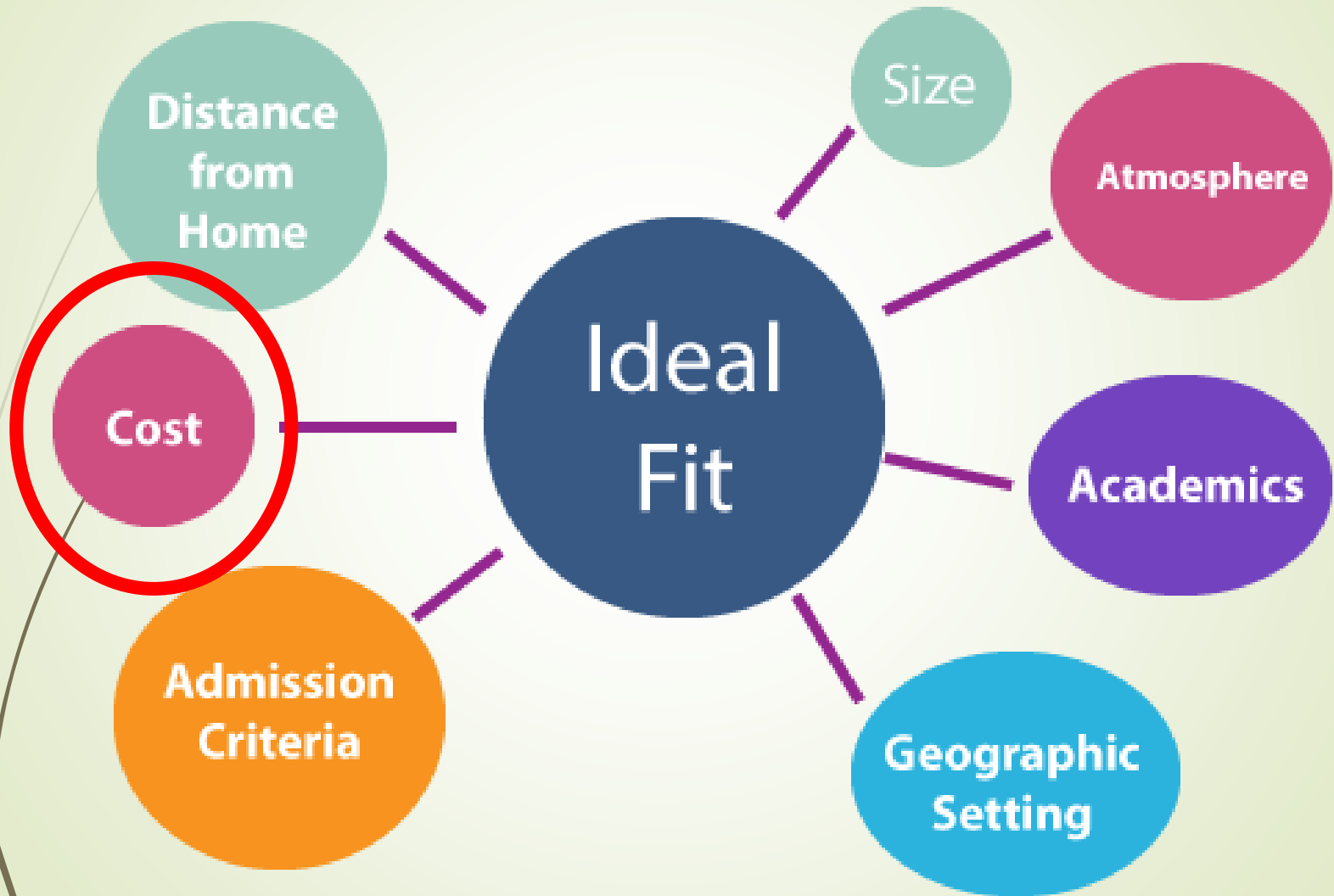
Admission Criteria: Activities

- **Co-Curricular Activities** (take place in school)
 - Sports
 - Clubs
 - Community Service Projects
- **Extra-Curricular Activities** (take place outside of school)
 - Jobs (including summer jobs)
 - Athletic Leagues/Lessons
 - Art/Music Lessons and Performances
 - Independent Community Service
 - Responsibilities at home



Other Admission Criteria

- Personal Statement/Essay
- Application: Personal information, high school information, details of extracurricular activities
- Notes from campus/alumni interview



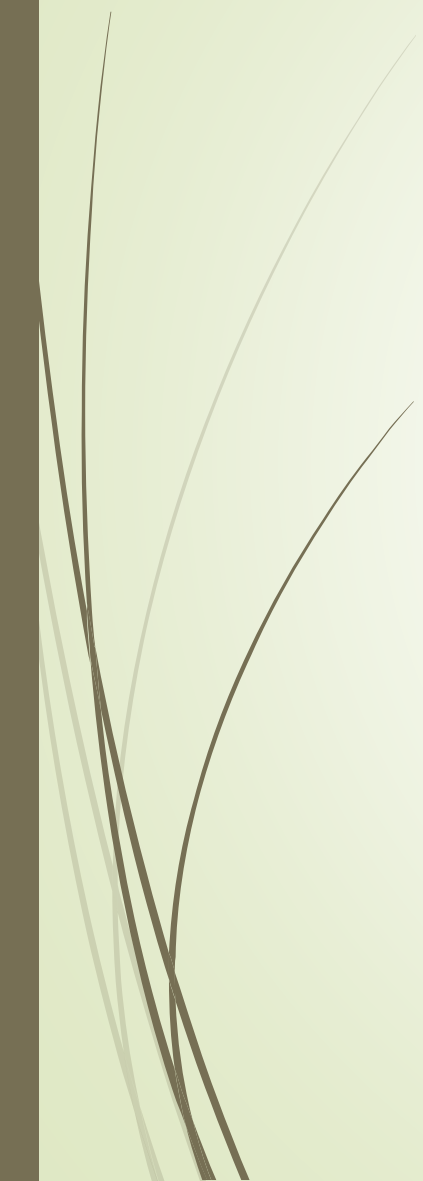


Cost:

- ▶ College Board reports that a moderate college budget for an in-state public college for the 2017–2018 academic year averaged \$25,290. A moderate budget at a private college averaged \$50,900
- ▶ Net Price Calculator
- ▶ Average Indebtedness
- ▶ Safety school should be a financial safety school



Cost: FAFSA



- FAFSA: Next October 1, 2019
 - The federal government will determine your ability to pay and will send you a Student Aid Report (SAR) showing your Expected Family Contribution (EFC)
 - The EFC information will be forwarded to colleges who will then determine a financial aid package which will be a combination of grants, loans and work-study.
 - The EFC is the same regardless of the cost of the college, but the packages received will vary.
- 



Great Financial Aid

Based on real student ratings of overall satisfaction with their financial aid packages. [Learn more.](#)

Showing 1 - 20 of 20 results

- | | | | | |
|----|---|---|------------------------------|-----------------------------|
| #1 |  | Featured
Vanderbilt University
Nashville, TN • 6,885 Enrolled | Request Info | Save School |
| #2 | | Bowdoin College
Brunswick, ME • 1,816 Enrolled | | Save School |
| #3 | | Colgate University
Hamilton, NY • 2,873 Enrolled | | Save School |
| #4 | | Vassar College
Poughkeepsie, NY • 2,353 Enrolled | | Save School |
| #5 | | Washington University in St. Louis
St. Louis, MO • 7,675 Enrolled | | Save School |
| #6 |  | Featured
Princeton University
Princeton, NJ • 5,394 Enrolled | Request Info | Save School |



Financial Aid Not So Great

Based on real student ratings of overall satisfaction with their financial aid packages. [Learn more.](#)

Showing 1 - 20 of 20 results

#1



Featured

New York University

New York, NY • 26,417 Enrolled

Save School

#2



Featured

The College of New Jersey

Ewing, NJ • 6,955 Enrolled

Save School

#3

State University of New York--Purchase College

Purchase, NY • 2,519 Enrolled

Save School

#4

Duquesne University

Pittsburgh, PA • 5,942 Enrolled

Save School

#5

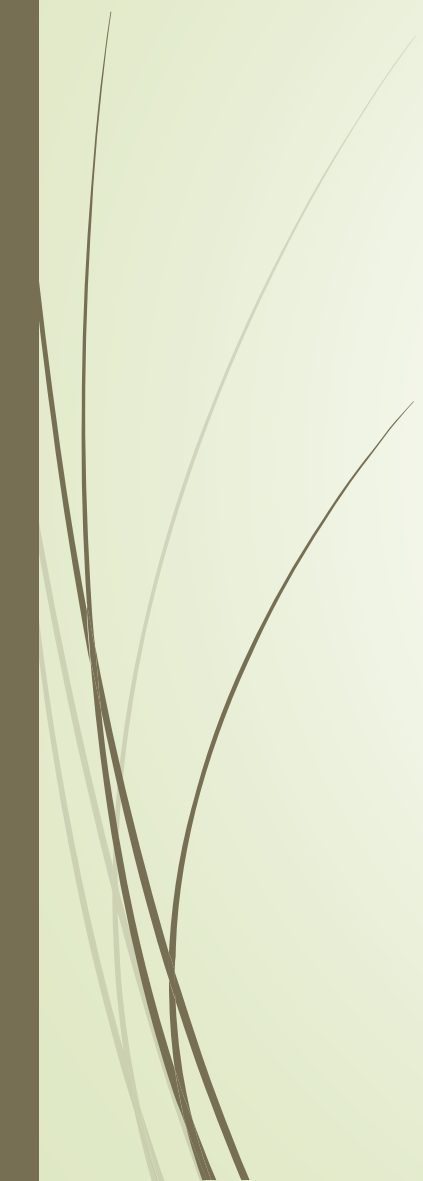
University of California--Davis

Davis, CA • 30,145 Enrolled

Save School



Start by making a list

- Start with 15-20 possible schools
 - Whittle down to 4-8
 - Safety, target, reach
 - Every college on the list should be a school the student would happily attend. There are more than 3,300 choices in the US, so there is no reason to apply to a school you don't want to attend.
- 



Owning the Process

- Students apply to college and students are admitted.
- Students should take ownership of the process – **right now.**
- Students should do their own research, make their own appointments and fill out their own applications

Decision Plans

- **Early Decision:** admit, deny or defer
apply by Nov.1 or Nov. 15, decision by mid-December (BINDING if admitted)
- **Early Action Single Choice:** admit, deny or defer
apply by Nov. 1 or Nov. 15 to one Early Action Single Choice college or university and no other early action or early decision college or university.
Decision by mid-December (NON-BINDING)
- **Early Action:** admit, deny or defer
apply by Nov.1 or Nov. 15, decision by mid-December
NON-BINDING
- **Early Decision II:** admit, deny or defer
apply by Jan. 1, decision by Feb. 1
BINDING if admitted
- **Regular Decision:** admit, deny or wait list
deadlines can be as early as January 1;
many colleges and universities don't use application deadlines at all



Next Steps for Juniors

In School

- ✓ Stay focused on academics
- ✓ Do not lighten your academic load for senior year
- ✓ Meet with your school counselor
- ✓ Stay involved in school activities

Standardized Testing

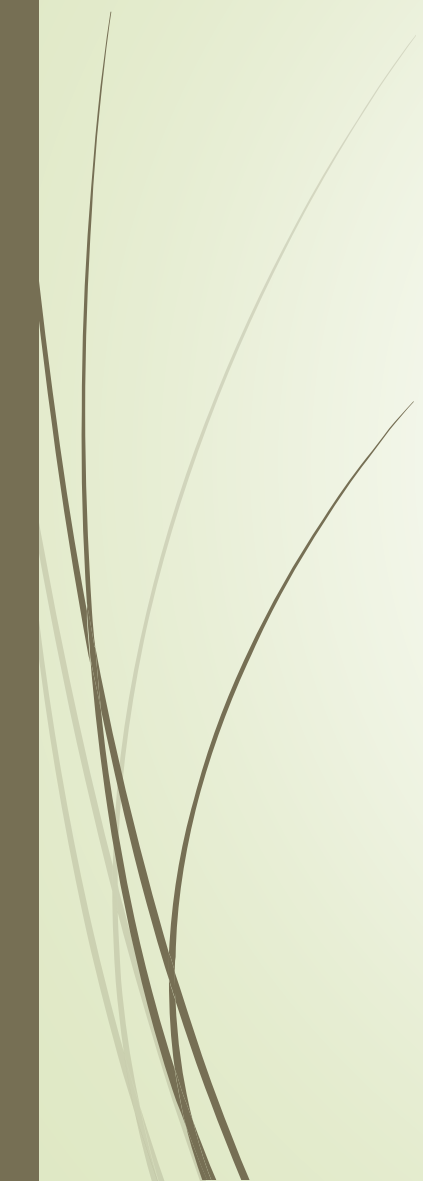
- ✓ Prepare for and register for ACT / SAT tests
- ✓ Register for AP tests as appropriate

College Exploration

- ✓ Explore colleges on the Web
- ✓ Visit colleges if you can
- ✓ Meet with college representatives
- ✓ Attend college fairs

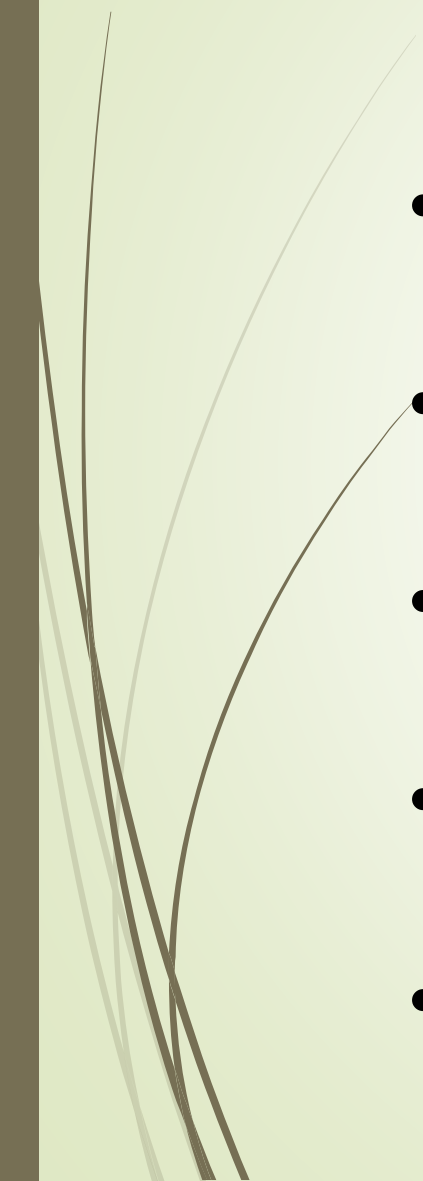


SUMMER 2019

- Use the summer wisely and effectively
 - Review and adjust the college list through research and campus visits
 - Review the Common Application for possible essay questions and begin working on a college essay
- 



FALL 2019

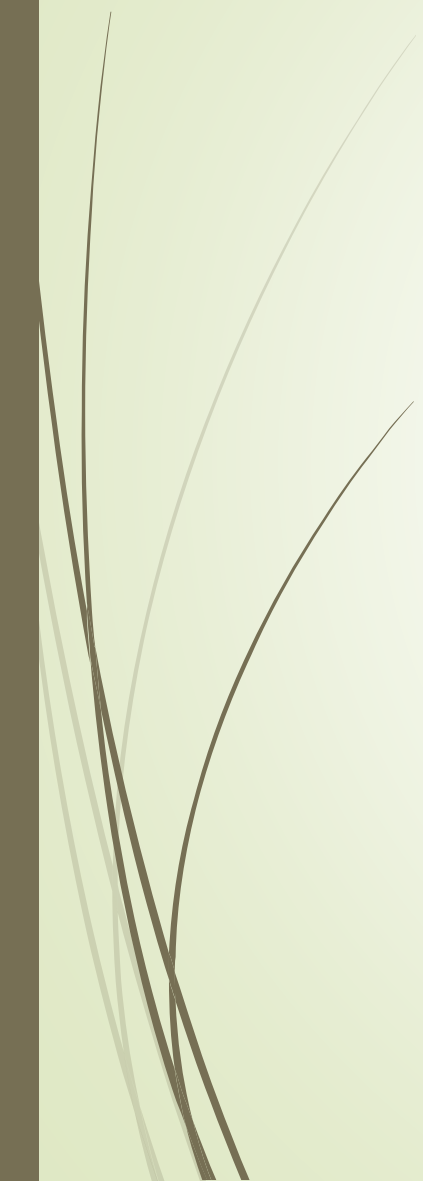
- Ask 2 teachers to write your Teacher Recommendations
 - Continue your research using publications, information session and the internet
 - Continue to schedule interviews and visit campuses
 - Finalize your list of between 4-8 colleges and universities by September or October
 - Carefully submit your applications by the stated deadlines
- 



Future Meetings

October 15: NCAA
Overview 6-7:30

October 22: Military
Night



How to Make the Most of The College Fair

- **PREPARATION:** **STUDY THE LIST OF SCHOOLS ATTENDING**
- **PICK YOUR TOP 10**
- **PREPARE, PREPARE, PREPARE**
- **TOOLS TO CARRY:** **INFORMATION CARD**
- **PENCIL/PEN**
- **NAME TAG:**
- **DISTINGUISH YOURSELF**
- **GREETING:**
- **FIRM HANDSHAKE**
- **EYE CONTACT**
- **BODY LANGUAGE**
- **QUESTIONS**
- **Sunday, October 6, 2013**
- **11:00 AM - 2:00 PM (11:30)**
- **Aspen High School**



The Tips to Help You Stand Out

The Impression You Give With:

Dress

Language

Eye Contact

Questions

Body Language

Prefair Preparation:

Choosing your top 10 targets
meaningful questions

Ask

The Big Event:

How to maximize your time
Hit your top 10 with questions
Be spontaneous – warm up!





Resources

- The Public Library
- www.collegeboard.com – Big Future and You Can Go
- www.nacacnet.org (National Association for College Admission Counseling)
- www.fastweb.org
- Naviance
- Book Suggestion: *The College Solution: A Guide for Everyone Looking for the Right School at the Right Price* – Lynn O'Shaughnessy



What Factors Should You Consider?

- Geographic Location: proximity to home, weather and lifestyle
- Size and Diversity: student body, average class size and dorm life
- Academic Opportunities: what and how you will study
- Personal Opportunities: activities, jobs, internships and friends
- Reputation
- Student Profile: do you have what they want?



Tonight's Topics

- Factors to consider when
 - Standardized Testing
 - Application Decision Plans
 - Junior Meetings with DHS College Counselor
 - Financial Aid
- 